Disaster Preparedness

or

“The day of the prom is not when you take dance lessons!"

Did You Know??????

➔ Washington State has the 3rd highest threat of earthquake in the United States.
➔ The Puget Sound area has 4 different types of earthquakes that can strike at any time.
➔ The Puget Sound area already has nearly 1,000 earthquakes each year.

Earthquake Preparedness

How to be safe in an earthquake....

Drop ➔

Cover ➔

Hold ➔

When the shaking starts....

DROP, COVER AND HOLD
under a nearby desk, table or counter!!!

• From under a desk or table, give directions to others who may not know what to do.
• Stay until the shaking stops....... Get under your desk. Hold on!! It will stop soon! Stay Where you are. I demand the ground to stop shaking this instant!

What If .......

• I’m in a place without a table?
• I’m in a Car or on a Bus?
• I’m in Bed?
• I’m outside?
• I’m in the Bathroom?
• I have small children?

What are the impacts of a quake?

• A moderate to major earthquake can cause damage to:
  – Utilities - Water, Sewer, Electricity
  – Road Ways and Bridges
  – Telephone
Emergency Services may Become Overwhelmed

You must be prepared to take care of your own needs for at least 3 days following an earthquake!!

Stock Supplies

- Store a 3 day supply of food and necessities for you and your family.
  - Food
  - Water
  - Comfy clothes
  - Sturdy shoes
  - Prescription Medications
  - Eye glasses
  - Flashlight & Glow Sticks
  - Radio and Batteries

What do I put my supplies in?
Where do I put my kit so it will be accessible and not damaged?

Reduce Hazards

In an earthquake in the United States, most people are injured or killed by the way they decorate than by building collapse.

Rule of Thumb:
- If it would break or fall and hurt someone: bolt, anchor or strap it down.
- If it would break or fall and block an exit: anchor or strap it down, or rearrange to another part of the room.

Learn Skills

- Take a first aid class.
- Learn how and when to turn off your utilities.
- Learn how to use a fire extinguisher.
- Learn more about organizing your neighborhood to take care of each other.

Contact the American Red Cross, Local Fire Dept. or Local Office of Emergency Management for training opportunities.

Practice Drills

If you never practiced “drop, cover and hold”, the likelihood of you performing this “Quake Safe” action when the earthquake shakes is only about 10%.

Every time I practice, I double my chances of doing drop, cover and hold when the real earthquake happens!!
Family Communications Plan

- The Phone system may not be available.
  - Please stay off the phones unless you have a life threatening emergency.
  - After a minimum of 3 - 4 hours, if you can get dial tone, you will have better success making an out of Washington & Oregon call.
  - We need a longer string!

WHERE?

Where do I start?

- How do you eat an elephant?

Have a friend or relative, living outside of Washington or Oregon as a point of contact for your family.

One Bite At A Time!!!!